



Dr. Geoff Rudy

DC, CCAP, APIT, ART,
PES, USAW, MVCOI

Dr. Geoff Rudy is a distinguished figure in chiropractic medicine, renowned for his expertise in sports performance, manual therapy, rehabilitation, and chiropractic care. Currently serving as the Director of Chiropractic Medicine at Lauderdale Sports Performance Institute, in Fort Lauderdale, Fla., Dr. Rudy leads the field in promoting optimal health and performance strategies. He is an adjunct faculty member of Palmer Chiropractic School in Port Orange, Florida.

With a career spanning over a decade, Dr. Rudy has held pivotal roles as Head Chiropractic and Acupuncture Physician at various prestigious clinics, including Coconut Grove, Fort Lauderdale, and Downtown Miami. His contributions extend to elite athletes, having served as the Team Chiropractic Sports Physician and Acupuncturist for the Miami Marlins Major-League Baseball Team, the Miami United Soccer League, and XPE Sports, NFL Combine and NFL off-season training camp.

Dr. Rudy's commitment to health and wellness extends beyond clinical practice. As the Founder of the Level the Field Foundation, a non-profit organization, he is dedicated to providing access to healthcare and promoting healthy lifestyles within communities.

His academic achievements are equally impressive, holding a Doctor of Chiropractic Medicine from Southern California University of Health Sciences. Dr. Rudy is also pursuing a Post-Doctoral Diplomate Degree in Rehabilitation, showcasing his dedication to continuous learning and advancement in his field.

Dr. Rudy is a prolific author, co-authoring "The Desk Jockeys Manifesto," a practical guide for modern desk workers. He has been recognized for his excellence, receiving accolades such as the Deans Award of Excellence from the Southern California University of Health Sciences and being named a Top Chiropractic Sports Physician by Leading Physicians of the World.

With a wealth of certifications, including Certified Chiropractic Acupuncture Practitioner, Postural Rehabilitation Institute, Active Release Technique Certified Practitioner, and Performance Enhancement Specialist, Dr. Rudy embodies excellence and innovation in chiropractic medicine.